



## **Together We Care** Montgomery Community College Fall 2020 Schedule



A special thanks to all our interviewees that during these times of social distancing, they provided the photographs for this publication.

"Without a sen<mark>se of caring, there</mark> can be no sens<mark>e of community."</mark>

Anthony J. D'Angelo

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## **A Risk Worth Taking**

Brittany Vaughn is a 2014 graduate of Montgomery Community College's Practical Nursing program. She is now a licensed practical nurse working at Pinehurst Healthcare and Rehabilitation Center.

"It all started when the CDC put out recommendations that we start screening employees (for coronavirus) and we began having to wear masks coming into the building," Brittany said.

"When they informed us that an employee had tested positive for COVID-19, the health department came out to test the residents. From there it was a waiting game."

Eventually, test results revealed that 45 out of 96 residents and 8 employees had tested positive for COVID-19. However, most patients had no symptoms. It was like fighting an invisible enemy.

Although workers began wearing full personal protective equipment, the risk was always there. Brittany said she wrestled with going to work because she had a toddler at home.

"It was very scary. I treat every patient as if they are positive (for coronavirus). I completely isolate from my family when I get home from work until I shower and change clothes. My shoes stay outside," she said.

With several employees out sick and others staying away for social distancing reasons, staffing was an issue. It made Brittany more determined to be there for her patients.

"I took an oath as a nurse. If my mom or dad were one of those patients, I would want there to be someone to take care of them," Brittany said. "The staff has been

"I took an oath as a nurse. If my mom or dad were one of those patients, I would want there to be someone to take care of them." "We learned about pandemics in school but in my wildest dreams I never thought I would go through one." pulling together more than ever."

When Brittany was in the Practical Nursing program at MCC, there was a day she and her classmates sat and watched the movie *Contagion*. The movie is about what happens during a pandemic as people panic and the government and health professionals look for a way to treat and cure it.

"My husband wanted to watch that movie when all this got started," said Brittany. We learned about pandemics in school but in my wildest dreams I never thought I would go through one," she said.

Brittany's patients and their families understand the risks she takes and have expressed their gratitude to her for working through



Photo courtesy of Brittany Vaughn

this difficult time. Some have even asked her why she does it. Her answer is always the same.

"This is why I became a nurse," Brittany said.

Brittany is thankful for all the support the healthcare community has been shown, which has made her work more meaningful.

"Yes it's scary dealing with this, and you put not only yourself but your loved ones at risk. So it really makes you feel good to have such incredible support." \* \* \*

### What Do Licensed Practical Nurses Do?

Duties of LPNs vary depending on their work setting. Typically they administer basic medical care and monitor and report patient health under the direction of doctors and registered nurses.

### How Do I Become a Licensed Practical Nurse?

- Education LPNs must complete an approved educational program. MCC's Practical Nursing program is approved by the NC State Board of Nursing and takes one year to complete.\*
- Licenses After completing the program, prospects must pass the NCLEX-PN exam to get a license to
  practice as a Licensed Practical Nurse.
- Advancement LPNs may advance to other healthcare occupations by completing additional education such as an Associate Degree in Nursing.
- Important Qualities Compassion, Detail Oriented, Interpersonal Skills, Patience, Physical Stamina, Communication Skills.

\*For information on admission to MCC's Practical Nursing program visit our website at www.montgomery.edu/pnguide.pdf



## Start Your Career in Healthcare at MCC

Most careers in healthcare start with completing a state approved educational program. Once completed, prospectives take licensing or certification exams in order to work in the chosen healthcare field.

You can quickly advance in a healthcare career by taking the next educational step forward. Look at what's possible after taking one of our programs.

Nursing Assistant ★ 🕇	
Median Wage	\$25,260
Average Openings per Yea	ır 8551
Growth Rate	
EducationPos	tsecondary Certificate

Licensed Practical Nurse ++++

Median Wage	\$44,830
Average Openings p	er Year 1512
Growth Rate	
Education	Postsecondary Non-degree

Registered	Nurse 7		**	**	k
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Median Wage	\$62,940
Average Openings per Year	
Growth Rate	
Education	. Associate's Degree

Phlebotomist + + + +

Median Wage	\$31,700
Average Openings p	er Year799
Growth Rate	
Education	Postsecondary Non-degree

### **Allied Health Classes**

Orientation sessions for Phlebotomy and Nursing Assistant classes will be scheduled soon. Please call 910-898-9672 for information.

Nursing Assistant I - Hybrid (Hybrid classes require both classroom and online participation.) 8/19-10/28 | MTWTH | 5:30-9:30 PM | \$181.60

Nursing Assistant I - Hybrid (Hybrid classes require both classroom and online participation.) 9/21-12/9 | MTWTH | 5:30-9:30 PM | \$181.60

Phlebotomy 9/14-12/18 | MTW | 5-9 PM | \$197.60

Basic EMT 7/6-11/21 | MTH | 6-10 PM | \$194.60\*

Advanced EMT - Hybrid (Hybrid classes require both classroom and online participation.) 7/6-12/18 | Online & SA | 8 AM-5 PM | \$194.60\* (5 Saturdays TBA)

\*Additional fees of \$75 for drug screening & background check to be paid directly to provider.

Specific admissions requirements for:

- $\rightarrow$  Medical Assisting
- $\rightarrow$  Dental Assisting
- $\rightarrow$  Practical Nursing
- → Associate Degree Nursing

Can be found by visiting our website at www.montgomery. edu and selecting the program of interest.

Emergency Medical Te	echnician & Paramedic ★ ★ ★
Median Wage	\$35,280
Average Openings p	ber Year725
Growth Rate	1.1%
Education	. Postsecondary Non-degree

Medical Assistant  $\star$ 

Median Wage	\$32,710
Average Openings per Year	
Growth Rate	
Education	Associate Degree

Dental Assistant 🛧 🛧 🛧	
Median Wage	\$41,660
Average Openings per Year	
Growth Rate	1.1%
Education Postsec	ondary Non-degree

Home Health Aide ++

Median Wage	\$20,390
Average Openings per Year	5795
Growth Rate	3.4%
Education High School Diploma c	or Equivalent

Data provided by NC Dept. of Commerce Labor & Economic Analysis.  $\star$  Star ratings  $\star$  are assigned based on wages, projected job growth and projected openings. Five stars are considered to have the best overall career prospects.

## **Calm Assurance Instills Trust**

Maina Lopez graduated from Montgomery Community College's Phlebotomy program last year. She is an ASPT certified phlebotomist and works at Moore Regional Hospital.

A phlebotomist's job is to draw blood for diagnostic testing. Anyone who has ever had their blood drawn knows that it involves more than performing a needle stick. Patients frequently have issues with needles, especially when there are difficulties finding a good vein.

Maina likes to talk to her patients to make them feel comfortable around her. She tells them what she's doing instilling trust in her abilities.

"We explain the test to the patient, look at their arm to assess the veins. A lot of patients are nervous around needles and we have to talk to them and help them feel comfortable," Maina said.

Maina's calm interaction with her patients is especially important when she wakes them up early in the morning to draw blood. Her shift begins at 4:00 a.m.

"I'm not their favorite part of the day," Maina laughed. "You'll have one or two that will compliment you. It's very rewarding when a patient tells you you did a good job," she said.

> "A lot of patients are nervous around needles and we have to talk to them and help them feel comfortable."



Photo by Maina Lopez

In general, phlebotomists risk exposure to a variety of bloodborne pathogens every day. As a result, they are required to adhere to strict health and safety guidelines as a routine part of their job.

"You pretty much know you're going to be exposed, so it's a matter of mindset to get used to it. Our instructors went into that in the Phlebotomy program, and then again in our clinicals. They told us what to expect," Maina said.

With the onset of the coronavirus outbreak however, Maina's safety practices took on a whole new aspect.

"We are always required to wear gloves. Some precautions involve a mask and a gown, but since the outbreak, a mask is mandatory in every room, and in our lab as well," Maina said.

Maina has a three-year-old daughter at home and has

#### Continued from Pg. 8

always been careful to limit her exposure to her until she can wash and change. That part hasn't changed. Other things have changed, however.

"This situation has made me a little more nervous. I'm grateful to still have a job, and I pray every morning before I go to work," Maina said.

Despite her anxiety, Maina says her patients are what makes doing her job worthwhile.

"I go to work with a smile and try to make the patients happy and give them comfort that everything will be fine sooner or later. I feel appreciated and that makes me feel proud," Maina said. \* \* \*

Phlebotomist - Healthcare worker trained in drawing venous blood for testing or donation.

Average annual wage for a Phlebotomist in NC - \$31,700

Average annual job openings for Phlebotomists in NC - 799

**Education - One-year Certificate** 

### **Nursing Assistant & Phlebotomy Registration Checklist**

To be eligible to register, applicants will provide the following:

- Valid driver's license or state-issued ID card
- Social Security card
- Copy of high school diploma or equivalency, or obtain the required reading level test score
- Two-step TB skin test report
- Flu shot during the season (October 1 March 31)
- Complete background check form
- Proof of immunizations
  - DTP 3 doses
  - TDAP 1 dose within the last 10 years
  - MMR 2 doses or evidence of immunity with titer
  - Varicella 2 doses or evidence of immunity with titer
  - Hepatitis B 3 doses or sign declination form

Scholarships are available! Call 910-898-9672.

## **Giving the Comfort of Family**

LeeAnna Kinley began working as a nursing assistant at Trinity Place in Albemarle while she was still in high school. She took the Nurse Aide course at MCC under the Career and College Promise program, and graduated from West Montgomery High School last June.



Photo by Leanna Kinley

LeeAnna works in the skilled nursing unit at Trinity Place, providing care for patients that are no longer able to feed, wash, or move themselves. Her patients depend on her for every basic physical need. Since the outbreak of the coronavirus, they have come to depend upon her for much more.

"My patients used to see their families a couple times a week and now they can't see them anymore. I'm their family right now," LeeAnna said.

LeeAnna does her best to comfort and support her patients but many of them don't understand the situation.

"Some of our residents have dementia and they don't understand that we have to wear personal protective equipment. They don't like the face masks," she said.

While attending MCC, LeeAnna lived with her grandmother who is a retired nurse. She got into the habit of changing out of her work clothes before entering the house to avoid spreading germs.

"My grandma has always been cautious. When I started work she wouldn't let me come in the house without taking my clothes and shoes off first," LeeAnna said.

#### Continued from Pg. 10

LeeAnna's nurse aide training prepared her for taking precautions against spreading pathogens at work. Although she now lives on her own, since COVID-19, she has carried these practices into her own home.

"I have always been careful at work. I'm more careful in my personal life now. I haven't even been to Wal-Mart since this whole thing started," she laughed. Her reasons echo what many people are saying about social distancing.

"You just don't know where everyone has been," she said.

Despite having been a nursing assistant for less than a year when the coronavirus hit, LeeAnna is more committed than ever to working in health care.

"You feel like you're making a difference most days. It's not as if we're going to cure anything, but these people can't take care of themselves. At a time when everyone feels so powerless it's nice to be able to do something to comfort them," LeeAnna said. \* \* \* "At a time when everyone feels so powerless it's nice to be able to do something to comfort them."

## **PE Teacher Delivers Smiles**

Quelyn Voorhees is a fulltime physical education (PE) teacher at Troy Elementary School where she teaches children from pre-kindergarten through second grade. Quelyn graduated from Montgomery Community College in 2018 with an Associate in Arts degree and transferred to Western Governor's University where she majors in Elementary Education.

Being a PE teacher, Quelyn was in a unique position when her school closed due to the coronavirus.

"At first I was assigned to different projects. When they realized the closing was going to be extended, I was asked to drive a bus to deliver meals," Quelyn said.

Now Quelyn goes to the school to pick up meals in the mornings and has four different stops where she spends about 20 to 30 minutes each. She isn't just distributing meals however. She's also delivering smiles and encouragement to everyone who comes to her stops.

"I really miss the kids. The fact that they still get breakfast and lunch, they have that connection school. to the They see the bus on the road and they know we're still here and still thinking about them," Quelyn said.

Driving the bus was one way she could stay in touch with at least some "They see the bus on the road and they know we're still here and still thinking about them."



Photo courtesy of Quelyn Voorhees

of her students. During the first few weeks they came with their parents. They all wanted to know when they would be able to go back to school.

As Governor Cooper continued to extend the stay-at-home order it became apparent that the school year would end without them. Parents stopped bringing the children with them to the meal stops.

"I think parents realized that things were getting worse and they were keeping their kids safe at home," she said.

Quelyn's daughter is in the third grade at Page Street Elementary, so she understands parents' anxieties, especially when it comes to

> completing school work. Children at Page Street have their own electronic devices to do their assignments through Google Classrooms.

> "I never used Google Classrooms but my daughter knew how to use it. I'm now familiar enough with it that I can go in and check her work. Also, my daughter's teacher is good to stay in touch," Quelyn said.

> Quelyn said that the teachers and families have been pulling together to keep from feeling isolated, and that everyone is handling the situation in the best way possible.

> "I think this will affect students for some time, but we have amazing teachers who will all come together to fill the gaps next year and get everything back on track," Quelyn said. Quelyn says she is looking forward to the challenge. \* \* \*

## Early Childhood Education Online

THE EARLY CHILDHOOD EDUCATION PROGRAM PREPARES YOU TO WORK WITH CHILDREN FROM BIRTH THROUGH EIGHT YEARS. YOU CAN TAKE THE EARLY CHILDHOOD EDUCATION PROGRAM COMPLETELY ONLINE! TO GET STARTED CONTACT AMY FRIEARY AT FRIEARYA@MONTGOMERY.EDU.

## Early Childhood Education

The Early Childhood Education program offers three separate tracks!

We are your connection to:

- $\rightarrow$  A Career in Child Development.....
- $\rightarrow$  A University Transfer Program.....
- $\rightarrow$  Licensure .....

### The Licensure Track

Identical to the University Transfer Track with the addition of preparing you for the PRAXIS Core Birth-to-Kindergarten (B-K) licensure. Enter any North Carolina System university B-K Early Childhood bachelor's degree program with advanced placement status.

### · The Career/ · Technical Track

Get an associate degree in Early Childhood Education if you want a career working in a child development center or preschool. Your first year of classes is identical with the other tracks, so if you decide to go in another direction, you're still RIGHT ON TRACK.

### • The University Transfer Track

Get an associate degree in Early Childhood Education that will transfer to any North Carolina University System institution or any North Carolina Signatory independent college or university with advanced placement status in Birth-to-Kindergarten programs.

# <sup>14</sup> Small Business Center

# Help is on the way for small businesses as they face continuing challenges from the COVID-19 pandemic!

The Small Business Center Network of the NC Community College System is pleased to announce *new funding* to support additional counseling services for small businesses.

On May 15, the State Board of Community Colleges approved an allocation of nearly \$3 million for Small Business Centers at the 58 colleges in North Carolina. The state funding was made possible by the 2020 COVID-19 Recovery Act. The funding will be used to counsel small business owners and help them weather the COVID-19 crisis.

The Small Business Center at Montgomery Community College can assist with the following:

- general business guidance
- assessing the economic impact of the pandemic
- strategies for scaling business operations
- break-even and cash flow analysis
- marketing plans
- review of financial obligations
- · communications with creditors
- loan package preparation



- business resilience strategies
- · referrals to relevant sources of assistance

In addition to these services, the Small Business Center (SBC) offers safe, remote consultations, online workshops, and information on capital and funding opportunities. As always, all SBC services are free and confidential. Contact Savannah Heath, MCC SBC Director at heaths@montgomery.edu for help to start or keep your business on track.

# BUSINESS RECOVERY SUMMIT

Coming August 4, 2020

## ONLINE & POTENTIALLY SEATED

## The Front Porch -A Great Place to Gather

The Front Porch on Main (formerly Front Porch Pickin') was only open for a few days at its new location when it closed because of the coronavirus outbreak. The business had just relocated from Glenn Rd. to 342 Main Street in Troy. Business owner Melanie Nichols was excited to move into the new space in the heart of downtown Troy.

"We did a lot of renovations. Once the building was ready we moved everything and had it stocked in two weeks' time," Melanie said.

Front Porch on Main is an emporium with various vendors selling vintage, one-of-a-kind and handcrafted goods. The shared space is also a good place for vendors to gather and network "front porch style." Melanie hosts many MCC Small Business Center workshops for the vendors and other small business owners. It's her way

of helping the businesses and giving back to the community.

"The classes on pricing, financing, and others, have really helped. Our vendors feel comfortable because the classes are taught at the Front Porch," Melanie said.

Unfortunately, the opening of the new location on March 18th was overshadowed by mounting tensions related to the coronavirus. Shortly after she opened her doors, she was obligated to close them. Melanie was disappointed, but made the best of the situation by reaching out "Savannah told me about my different options so I would know what to apply for if I needed to."



Photo courtesy of Melanie Nichols

to Savannah Heath, MCC's Small Business Center Director, for guidance.

"This has impacted me since this is my income. Savannah told me about my different options so I would know what to apply for if I needed to," Melanie said.

When the Front Porch was open, Melanie took pictures of many of the items for sale and posted them on her Facebook page. She is not doing that while she's

> closed, however she is still on social media sharing what other businesses are doing that are still in operation.

> "They need our support. We all share our posts so they stay visible and so people don't forget about them," Melanie said.

> Like everyone else, Melanie is looking forward to going back to work. She especially wants to show off her new location and resume Small Business Center workshops there.

> "I enjoy working with Savannah and having the classes here. I want that to happen again," Melanie said. \* \* \*

### OUTDOOR RECREATION BUSINESS SUMMIT Coming in October!



## **Small Business Center Seminars**

To register for a Small Business Seminar visit www.montgomery.edu/sbc. Seminar locations TBD.

SBC Seminar	Date	Day	Time	Instructor
How to Start a Business	August 6	TH	6-8 PM	Herrin
Financing Your Small Business	August 13	TH	6-8 PM	Herrin
How to Write a Business Plan	August 20	TH	6-8 PM	Herrin
How to Find Your Customers	August 27	TH	6-8 PM	Herrin
Marketing Your Business	September 3	TH	6-8 PM	Herrin
Basics of Bookkeeping	September 10	TH	6-8 PM	Herrin
Your Small Business Taxes	September 17	TH	6-8 PM	Herrin
Google Series: Get Your Business Online	September 24	TH	6-8 PM	Herrin
Google Series: Reach Customers Online with Google	October 1	TH	6-8 PM	Herrin
Google Series: Using Data to Drive Business Growth	October 8	TH	6-8 PM	Herrin
Google Series: Digital Skills for Everyday Tasks	October 15	TH	6-8 PM	Herrin
Google Series: Design Thinking for Entrepreneurs	October 22	TH	6-8 PM	Herrin
Beyond Breaking Even	October 29	TH	6-8 PM	Herrin
The Entrepreneurial Mindset	November 5	TH	6-8 PM	Herrin
10+ Business Mistakes and Tips for Avoiding Them	November 12	TH	6-8 PM	Herrin
Cash Flow Scenario	November 19	TH	6-8 PM	Herrin
Grow Your Business with Facebook & Instagram	August 4	T	6-8 PM	Barringer
Instagram for Beginners	September 8	T	6-8 PM	Barringer
Instagram Strategy (Advanced Instagram)	September 15	T	6-8 PM	Barringer
How to Start a YouTube Channel for Your Business	October 20	T	6-8 PM	Barringer
Building Email Lists for Beginners	November 10	T	6-8 PM	Barringer

## **Together We Care**



Photo by Shaylen Brown

Sometimes all it takes to make a big difference is a small thought. Haven't we all said to ourselves, "Now why didn't I think of that?!" Andrew Gardner, Dean of Continuing Education at Montgomery Community College had a small thought that made a big impact. He had the thought because he cares about his community.

#### Continued from Pg. 17

Steve Berlinski is the Regional Operations Manager for DTE Energy. Steve took Andrew's thought and gave it fuel. He did that because he cares about his community.

Shaylen Brown is the Executive Director of **Montgomery County Communities** in Schools. Shavlen mobilized the thought and gave it hands, feet. and wheels. She did it because she cares about her community.

"I submitted a grant request to DTE on Friday morning and by Friday night, we received \$15,000."

Andrew and Steve became friends when they participated in Leadership Montgomery together

in 2016. Andrew works with Montgomery County businesses providing training and support for new initiatives. Around that time, Andrew put Steve in touch with a trained technician to fill a position at DTE. DTE donated a scholarship to the college and continues to participate in college fundraisers. Andrew and Steve share a commitment to make an impact in their community.

When Montgomery County schools closed due to the coronavirus, Andrew was concerned about how they would continue to be able to feed students. This led him contact his friend Steve at DTE.

At the same time CIS Director Shaylen Brown, and CIS Board Treasurer, Will Carpenter, were

brainstorming ways to provide hot dinners to students. They wanted to use a food truck to prepare meals and box them for curbside distribution at each of the elementary schools one night a week.

"That meant about 250 meals each night, or 1,000 meals a week," said Shaylen. The meals cost \$3 per child requiring an investment of \$3,000 a week.

Shaylen put out a request on social media asking businesses to help with the financial burden by sponsoring a meal site. Fidelity Bank and First Bank were the first to sponsor meal sites. A few days after Andrew got involved, DTE responded as well.

Andrew sent an email to Steve on the morning of Thursday, March 26 asking for help to provide more meals. Thirty minutes later, Steve got Andrew on a conference call to Jennifer Lawson, Program Manager at DTE corporate headquarters in Detroit.

"I was probably the laziest person in the room in this whole deal," Steve said. I just let Andrew and Jennifer talk. My part took all of ten minutes."



Photo by Shaylen Brown





18

Andrew Gardner



Steve Berlinski



Shaylen Brown

Andrew and Jennifer discussed what it would take to provide 1000 meals and thought that \$15,000 would do it. No one realized how far that money would go. Andrew arranged for Shaylen to write up a short grant explaining the need for funds and how they would be used.

Shaylen said, "Thursday night, Andrew called me and asked me to submit a grant request to DTE asking for \$15,000 and see what happened. I submitted a grant request to DTE on Friday morning and by Friday night, we received \$15,000."

Shaylen was unaware that by 9 AM Friday Steve had already received approval to release the funds to CIS. It was a windfall that would allow CIS to provide hot meals through the rest of the school year.

"For us to be able to provide dinner for our students, to be able to see them and tell them how much we miss them and love them, that's huge," Shaylen said.

Food truck owners Stephen and Allie Fore made and boxed the hot meals. Because of CDC guidelines, only a few other community volunteers were

Photo by Shaylen Brown

involved with the distribution including Stephen's cousin Zac Fore, the elementary school principals, Shaylen and a few others.

"The first night we started at Candor Elementary a mom came up to us in tears. She had seven kids and was so thankful to give them a hot meal. We had others tell us what a blessing we were. Some of them are working and come and get food because they can't be at home to cook. People are so grateful," Shaylen said. "It speaks volumes that the community has come together."

"Everyone is looking for a glimmer of light in these times. We were very happy to help," said Steve. \*\*\*

## Blaze Your Trail to a 4-Year Degree

With a 2-year college transfer degree. If you want to transfer to a university after completing your associate degree, we'll help you get there. Completing two years at Montgomery Community College will not only save you money, but will also help you build a solid academic foundation. We work with universities across North Carolina to make sure that your time is well spent and that your transition to the next level is smooth.

Associate in Arts Associate in Engineering Associate in Fine Arts: Music Associate in General Education Associate in Science

Montgomery Community College's Articulation Agreements enable successful graduates of our transfer programs to transfer to any North Carolina University System institution or any North Carolina Signatory independent college or university with junior status.

> High School Students may take classes at Montgomery Community College at no cost and earn college credit through the Career and College Promise Program.

Most College Transfer classes can be taken safely, conveniently, **Completely Online**. Our online instructors are trained to give you the most comprehensive and interactive online experience possible.

For more information about our transfer classes, visit our website at WWW.montgomery.edu.

## **Teacher Gets Lesson in Distance Caring**

Megan Epps (née Hoover) graduated from Montgomery Community College in 2017 with an Associate in Arts degree.

She transferred to UNC-Wilmington and graduated in 2019 with a Bachelor of Arts in Elementary Education with licensure to teach grades K-6. She now works at Page Street Elementary School teaching third grade.

Megan's first year in her new job had an unusual start. She was out on maternity leave for the first six weeks of her job. When she finally started, she hit the ground running learning "her kids," as she calls them.

"The relationship you have with your kids is allimportant. They don't all learn the same and you have to figure out what works best for them," Megan said.

Megan was finally at a point where she felt like



Photo courtesy of Megan Epps

"The relationship you have with your kids is all-important." she knew her students: their learning styles, their personalities, their likes and dislikes. Then, the coronavirus came and changed things.

Like a lot of people, her first impression was that it wouldn't last very long. She thought at first that it was a nice change for everyone to be at home with their families. As the virus continued to spread, however, the situation began to take on new dimensions for teaching.

#### Continued from Pg. 21

"It was my first year on the job and full of learning curves," Megan said. "It has made me value more the moments I was in the classroom with my students and how important that is," she said.

Megan wondered not only how she would teach her students, but how she would reach them emotionally and keep them engaged. In addition to making herself available to her students' parents by telephone, she uses

an online "check-in" exercise with her students using pictures of faces. The exercise helps her tune into how her kids are feeling.

Using a series of faces displaying various emotions such as happy, sad, confused, angry, hungry, frustrated, etc., students check the picture that best shows how they are feeling. They also have a chance to type in questions or comments before they get started.

"Kids can't learn when there is something else on their mind. I try and reach the ones who are struggling before they get started so I can understand what's going on with them," Megan said.

Students can also message her though the online learning platform they use, but she says it's not the same as face-to-face.

"I make an effort to talk to the kids as well as the parents, and try and reach out to parents by phone as much as I can. Parents have my number, and I can be there for

immediate feedback," Megan said.

Megan always thought teaching online would be fun and looked forward to trying it. She already had incorporated technology in her classroom, so her students were familiar with what they had to use at home. However, as a mother of an eight-month old who demands a lot of attention, Megan says she appreciates what her students' parents are going through.

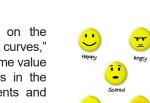
"Overall, everyone is doing the best they can. We're all in this together," Megan said. \*\*\*

## **Online College Transfer Classes**

Course	Section	Course Title	Credit Hours	Instructor
ART 111	W1	Art Appreciation	3	McClanahan
ART 111	W2	Art Appreciation	3	McClanahan
BIO 111	W1	General Biology	4	Patterson
*BIO 165	W1	Anatomy & Physiology I	4	Bunting
*BIO 166	W1	Anatomy & Physiology II	4	Bunting
BUS 110	W1	Introduction to Business		Collins
BUS 137	W1	Principles of Management		Collins
CIS 110	W1	Introduction to Computers		Mabry
CIS 110	W2	Introduction to Computers	3	Mabry

#### Continued on Page 26

\* Indicates a prerequisite course is required For a complete listing of classes visit our website at www.montgomery.edu



# Blaze Your Trail to Montgomery Community College!

Take these steps to apply for admission.

#### CONGRATULATIONS!

Once your application is processed, you will receive notice to activate your student account. Please visit www.montgomery.edu/orientation to take an online orientation.

Submit official high school (or equivalent) transcripts.

Apply for financial aid at www.fafsa.gov.

05

Complete your online college admission application.

03

Complete your NC Residency Certification.

02

Go to www.montgomery.edu/apply.

# **Blaze Your Trail to Personal Enrichment**

## Find a class that fits your lifestyle. Pursue a hobby. Get into shape. Learn a craft. IT'S ALL HERE IN OUR PERSONAL ENRICHMENT CLASSES.

A full schedule of Continuing Education classes starts on page 32.



Beginner Pottery Design 8/19-12/16 | W | 6-9 PM | \$72 Learn various methods to build, decorate and glaze clay forms.

Gas Fired Pottery 8/19-12/16 | W | 9 AM-4 PM | \$182 Discover the rich, earthy colors obtained from reduction firing resulting in one-of-a-kind creations.

#### **Studio Pottery**

8/20-12/10 | TH | 9 AM-4 PM | \$182 8/20-12/10 | TH | 6-9 PM | \$182 8/21-12/11 | F | 9 AM-4 PM | \$182 8/24-12/14 | M | 9 AM-4 PM | \$182 8/25-12/15 | T | 9 AM-4 PM | \$182 Build skills on the wheel and learn coil and slab building with guided projects. Instruction is tailored to student level of expertise.

#### Beginner Wheel Throwing

8/24-10/26 | M | 6-9 PM | \$72 11/9-12/14 | M | 6-9 PM | \$72 Learn to center, cone, drill, open, compress, collar, pull and shape a cylinder of clay.



Beginner Handbuilding 8/25-12/15 | T | 6-9 PM | \$127 Learn ancient pottery-making techniques of pinch, coil and slab construction of clay forms without the use of a pottery wheel.



Taxidermy - Bird Series Bird Preparation 8/19-9/28 | MTW | 9:30 AM-5 PM | \$206.60 Bird Mounting 9/29-11/9 | MTW | 9:30 AM-5 PM | \$206.60 Bird Finishing 11/10-12/19 | MTW | 9:30 AM-5 PM | \$206.60

#### **Beekeeping Basics for Beginners**

9/14-11/2 | M | 6-8 PM | \$40 Try this for a sweet hobby! This class covers basic bee-ology, managing hives, treating pests and more. Something for new-bees and seasoned beekeepers alike!



#### GetFit/StayFit Fall Boot Camp

9/18-11/10 | TTH | 6:15-7:30 PM | \$45 Get maximum calorie burn in the shortest amount of time. Get fit, get healthy, challenge your mind, challenge your body, and most importantly, have fun.

#### Kettle Bell PUMP



11/17-12/22 | TTH | 6:15-7:15 PM | \$25 Fast, dynamic kettle bell movements build explosive power, increase joint mobility, and keep an elevated heart rate.

For registration and scholarship information call 910-898-9672, or email ce-registration@montgomery.edu.



Basic Folding Knife 9/3-9/6 | THFSASU | 9 AM-6 PM | \$356.60 Design and construct a frame lock folding knife with exposed pivots. All materials included. For all levels.

#### D-Guard Bowie Knife

9/11-9/18 | FSASU | 9 AM-6 PM | \$316.60

Good beginner class. Students will hammer out, harden and finish a blade, plus fashion and fit a steel guard wooden handle.

#### Basic Knife Sharpening

9/19 | SA | 9 AM-6 PM | \$140.60

Hands-on class covering straight and serrated edges, plus honing and edge angles. Bring knives!

#### Mokume Gane Precious Metal Damascus



10/9-10/11 | FSASU | 9 AM-6 PM | \$268.60

Learn to fuse layers of copper, silver, and nickel to create a billet of decorative Mokume. Learn proper cleaning, fusing, and forgewelding techniques as well as patterning and design.

#### Viking Long Beard Axe

11/13-11/15 | FSASU | 9 AM-6 PM | \$286.60 Forge and weld an axe from mild steel with a steel cutting edge. Students will forge, shape, grind, heat treat, and fit a handle to their finished axe.

#### **Christmas Knife Making**

12/3-12/6 | THFSASU | 9 AM-6 PM | \$375 This class is a proud annual tradition with legendary knife maker Ed Vanhoy. Design, shape, heat treat, cut custom grip, hollow grind, polish and create a custom leather sheath for your special Christmas knife.

#### Farrier Rasp Knife Making

12/10-12/12 | THFSA | 9 AM-6 PM | \$276.60 Create a knife from a farrier's rasp using stock removal or forging method. Grind, heat treat, and create a handle for your finished knife.

We add classes weekly! For an up-to-the-minute schedule visit www.montgomery.edu/CEschedule

## **Online College Transfer Classes**

Continued from Page 22

Course	Section	Course Title	Credit Hours	Instructor
CJC 111	W1	Introduction to Criminal Justice		Wyrick
COM 231	W1	Public Speaking		TBA
ECO 251	W1	Principles of Microeconomics		Morgan
EDU 146	W1	Child Guidance		Ayers
*ENG 111	W1	Writing & Inquiry		TBA
*ENG 112	W1H	Writing & Research in the Disciplines		TBA
*ENG 231	W1	American Literature I		TBA
*ENG 241	W1	British Literature I		TBA
GIS 111	W1	Introduction to GIS		Lamonds
HIS 111	W1	World Civilizations		Douglas
HIS 131	W1H	American History I		Douglas
PED 110	W1	Fit & Well for Life	2	Bryan
*PHI 240	W1H	Introduction to Ethics		Mason
*PHY 252	W1	General Physics II		TBA
PSY 150	W1	General Psychology		Winfree
PSY 150	W1H	General Psychology		Raming
*PSY 281	W1	Abnormal Psychology		Raming
SOC 210	W1	Introduction to Sociology		Shirley
SOC 201	W1H	Introduction to Sociology		Shirley
SPA 111	W1	Elementary Spanish I		TBA

For a step-by-step guide to applying for admission, please see page 23.

\* Indicates a prerequisite course is required For a complete listing of classes visit our website at www.montgomery.edu

## Human Services - A Special Kind of Caring

Social and human service assistants provide client services in a variety of fields such as psychology, rehabilitation, and social work. They help clients find benefits or community services.

Social and human service professionals work with a variety of clients including children and families, the elderly, people with disabilities, people with addictions, veterans, people with mental illnesses, immigrants, former offenders, and the homeless.

Typically, they do the following:

- Help determine what type of aid their clients need
- Work with other professionals to develop a treatment plan
- Help clients find assistance with daily activities such as eating and bathing
- Research available services such as food stamps or Medicaid
- Coordinate client services
- Check in and follow up with clients to ensure paperwork and services are completed and appropriate.
- To learn more about becoming a human service professional, contact Amy Frieary at friearya@montgomery.edu.

### Social/Human Service Occupations

Child, Family, & School Social	Workers $\star \star \star \star \star$
Median Wage	\$46, <mark>24</mark> 0
Average Openings per Year .	
Education	Bachelor's Degree

#### Social Workers ++++

Median Wage	\$63,270
Average Openings per Ye	ear 110
Education	Bachelor's Degree

Mental Health & Substance Abuse	Workers $\star \star \star \star$
Median Wage	\$48,550
Average Openings per Year	
EducationB	achelor's Degree

Social and Human Service	Assistants 🛧 🛧 🛧
Median Wage	\$29,220
Average Openings per Yea	ar1179
EducationHigh Sc	hool Diploma or Equivalent

Community Health Workers $+ + + +$	
Median Wage	\$36,850
Average Openings per Year	108
EducationHigh School Diploma or I	Equivalent

Data provided by NC Dept. of Commerce Labor & Economic Analysis.  $\star$  Star ratings  $\star$  are assigned based on wages, projected job growth and projected openings. Five stars are considered to have the best overall career prospects.

## **A New Approach to Public Service**

Daniel McIntyre graduated from Montgomery Community College's Basic Law Enforcement Training program in 2006 after having served as a military police officer in the U.S. Marine Corps for eight years. He now works for the Montgomery County Sheriff's Office where he is a sergeant supervising six deputies on two patrol shifts.

Along with healthcare workers, law enforcement officers top the list as Front Line Workers whose jobs are essential to keeping the public safe during a global healthcare crisis. However, while healthcare workers' jobs are fairly well-defined during a pandemic, sheriff's deputies have been required to respond in new ways to the most routine duties.

For example, it is standard procedure for sheriff's deputies to respond to calls in person - something Daniel says that



Photo Courtesy of Daniel McIntyre

the citizens deserve. However, with the coronavirus as an added risk, some of the calls are now handled over the phone.

"If it's something that doesn't need an immediate response where life and property are in danger, we attempt to handle those calls over the phone," Daniel said.

Another example is that sheriff's deputies now meet people outside rather than inside their homes whenever possible. In cases where deputies are required to go into a home, however, they wear masks. In a day and time where it is not unusual for law enforcement to wear a ballistic vest for protection, the irony of wearing a face mask is not lost on them.

"At work you watch where a suspect's hands are and what they're getting ready to do. With this coronavirus it's just like, 'Wow, not only that, but now there's this stuff you have to worry about,'" Daniel said. He went on to say that there is hardly a task that is routine anymore. "I think everybody at the sheriff's office has the cleanest hands they've ever had. Every time I'm out of my car, I get back in and I'm sanitizing my hands and spraying my flashlight."

One thing sheriff's deputies try to do is stay as visible as possible in the community to make people feel secure. They aren't stopping in at the local hardware store for a chat anymore, but local businesses and people in the community understand and are very supportive.

One day, a clerk at the Family Dollar store in Troy pulled a can of impossibleto-find disinfectant spray from behind the counter and gave it to Daniel's partner. The clerk said they had been saving it emergency service for personnel. Others in the community donated hand sanitizer, masks and gloves when they were in short supply. Daniel says people seem to be more aware of the risks that law enforcement officers take on the job.

"I think this will change the way we do things forever. I think we'll all be more cautious."

"When we stop in a

convenience store to grab a coffee or something, folks tell us they appreciate what we're trying to do," Daniel said.

Daniel's wife works in healthcare, so he said they have always been cautious about bringing home anything they might have been exposed to at work. "One thing that gets me through is having faith in God that he's going to get me through the day. I pray on the way to calls and when I get done with the day. I'm ready mentally and spiritually," Daniel said. \* \* \*

"My wife will call, or I will call her when I'm on my way home. We'll have a trash bag outside so we can remove our clothes before coming in the house," Daniel said.

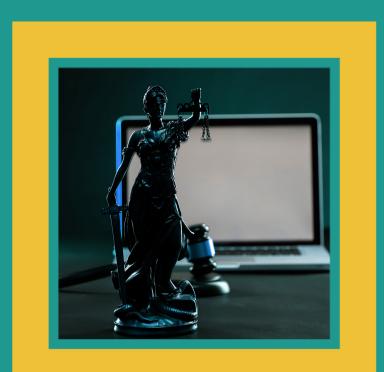
COVID-19 has changed the way many people do their jobs and live their lives, but Daniel thinks some changes may become permanent.

"I think this will change the way we do things forever. I think we'll all be more cautious. I think people will continue to distance themselves especially with the fear that this can rebound or be a seasonal thing," he said.

In light of the additional stress of the pandemic, Daniel said he has never had to think twice about going to work.

"It's like when I joined the military. I don't want trouble, but I know what I signed up for. I know the risks involved," he said.

## EARN AN ASSOCIATE'S DEGREE IN CRIMINAL JUSTICE



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Keep working and take classes on your schedule!

CALL 910-898-9700 TODAY TO FIND OUT MORE, OR EMAIL WYRICKT @ MONTGOMERY.EDU

## **Online Criminal Justice Classes**

Course	Section	Course Title	<b>Credit Hours</b>	Instructor
CJC 111	W1	Introduction to Criminal Justice		Wyrick
CJC 112	W1	Criminology		Wyrick
CJC 221	W1	Investigative Principles		Wright
CJC 225	W1	Crisis Intervention		Wyrick
CJC 231	W1	Constitutional Law		Wyrick
CJC 241	W1			Eury
		-		_

## **Protective Service Occupations**

Police & Sheriff's Officers $+$	
Median Wage	\$46,160
Average Openings per Year	1733
Education Post-secondary Nor	n-degree
Security Guards ★★★	

Median Wage	\$26 720
Average Openings per Year	
EducationHigh School Dipl	

#### Transportation Security ++

Median Wage	\$38,800
Average Openings per Year	
EducationHigh School Diploma or E	Equivalent

#### Correction Officer/Jailer ++

Median Wage	\$36,770
Average Openings per Year	1149
EducationHigh School Diploma or	Equivalent

Court, Municipal & License Clerk ★	·★★
Median Wage	\$35,820
Average Openings per Year	
EducationHigh School Diploma or	<sup>.</sup> Equivalent

Private Investigator ★ 🛧 🛧	
Median Wage	. \$51,370
Average Openings per Year	
Education High School Diploma or E	quivalent

Legal Support Workers	(not rated)
Median Wage	\$49,120
Average Openings per	Year 63
Education	Associate Degree

Title Examiner, Abstractor, Searcher ★ 🛧 📩				
Median Wage	\$46,790			
Average Openings per Year	71			
Education High School Diploma or E	Equivalent			

Probation Officer 🛧 🛧	
Median Wage	\$42,810
Average Openings per Year	
Education	.Bachelor's Degree

Bailiff (not rated)	
Median Wage	\$34,230
Average Openings per Year	14
Education High School Diploma	or Equivalent

Data provided by NC Dept. of Commerce Labor & Economic Analysis.  $\star$  Star ratings  $\star$  are assigned based on wages, projected job growth and projected openings. Five stars are considered to have the best overall career prospects.

## **CONTINUING EDUCATION SCHEDULE**

### Allied Health

32

Basic EMT	7/6-11/21	MTTH	6-10 PM	\$194.60 + fees
Advanced EMT - Hybrid	7/6-12/18	SA	8 AM-5 PM & online	\$194.60 + fees
Nursing Assistant I - Hybrid	8/19-10/28	MTWTH	5:30-9:30 PM & online	\$181.60
Nursing Assistant I - Hybrid	9/21-12/9	MTWTH	5:30-9:30 PM & online	\$181.60
Phlebotomy	9/14-12/18	MTW	5-9 PM	\$197.60

### Beekeeping

Beekeeping Basics for Beginners	9/14-11/2	M	6-8 PM	\$40.00
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### **Electrical/Industrial**

Industrial Wiring	8/19-12/16	TTH	1-5 PM	\$181.60
AC/DC Electricity	8/19-12/16	MW	8 AM- 12:30 PM	\$181.60
Electrical Machines	8/19-12/16	TTH	10:30 AM - 12:30 PM	\$181.60
Instrumentation	8/19-12/16	TTH	8 AM - 10:30 AM	\$181.60
Prog Logic Controllers	8/19-12/16	MW	8-11 AM	\$181.60
Digital Electronics	8/19-12/16	F	8 AM - 3 PM	\$181.60
Hydraulics/Pneumatics I	8/19-12/16	MW	1-3:30 PM	\$181.60

#### Fitness

Fall Boot Camp	9/18-11/10	TTH	6:15-7:30 PM	\$45.00
Kettle Bell PUMP	11/17-12/22	TTH	6:15-7:15 PM	\$25.00

### **High School Equivalency**

High School Equivalency	8/19-12/16	MW	4:30-7:30 PM E	mmanuel Pentecostal Ch.
Fastrac High School Equivalency	8/29-12/16	TTH		Biscoe 1st Baptist Ch.

For registration and scholarship information call 910-898-9672, or email ce-registration@montgomery.edu.

## **CONTINUING EDUCATION SCHEDULE**

RISE Transition Math	8/19-12/16	MW	5:30-8:30 PM	Campus
RISE Transition English	8/19-12/16	TTH	5:30-8:30 PM	Campus

#### **English Language Learners**

#### HVAC

Introduction to AC	8/19-12/16	MTWTH	8 AM-12 PM	\$181.60
HVACR Electricity & Design	8/19-12/16	TTH	12:30-4:30 PM	\$181.60
Intro to Refrigeration & Design	8/19-12/16	MTWTH	5:30 -9:30 PM	\$181.60

#### Information Technology

Google IT Professional Certificate ...... 8/19-1/5/21....... ONLINE...... FREE with Scholarship

#### Information & Web Technology - Ed2Go (for a complete listing visit Ed2Go.com/mccc)

Instructor-led classes begin on these dates and last 6 weeks: 8/12, 9/10, 10/14, 11/18 or take self-paced tutorials.				
Introduction to PC Security See Above	ONLINE	\$100.00		
Introduction to Networking See Above	ONLINE	\$100.00		
Creating Web Pages See Above	ONLINE	\$100.00		
Introduction to Programming See Above	ONLINE	\$100.00		
Introduction to PHP and MySQL See Above	ONLINE	\$115.00		

#### Knifemaking

Basic Folding Knife	9/3-9/6	THFSASU	9 AM-6 PM	\$356.60
D-Guard Bowie Knife	9/11-9/13	FSASU	9 AM-6 PM	\$316.60
Basic Knife Sharpening	9/19	SA	9 AM-6 PM	\$140.60

We add classes weekly! For an up-to-the-minute schedule visit www.montgomery.edu/CEschedule

## **CONTINUING EDUCATION SCHEDULE**

Mokume Gane: Precious Metal	10/9-10/11	FSASU	9 AM-6 PM	\$268.60
Viking Long Beard Axe	11/13-11/15	FSASU	9 AM-6 PM	\$286.60
Christmas Knife Making	12/3-12/6	THFSASU	9 AM-6 PM	\$375.00
Farrier Rasp Knife Making	12/10-12/12	THFSA	9 AM-6 PM	\$276.60

### Pottery

Beginner Pottery Design	8/19-12/16	W	6-9 PM	\$72.00
Gas Fired Pottery	8/19-12/16	W	9 AM-4 PM	\$182.00
Studio Pottery	8/20-12/10	TH	9 AM-4 PM	\$182.00
Studio Pottery	8/20-12/10	TH	6-9 PM	\$127.00
Studio Pottery	8/21-12/11	F	9 AM-4 PM	\$182.00
Studio Pottery	8/24-12/14	M	9 AM-4 PM	\$182.00
Beginner Wheel Throwing	8/24-10/26	M	6-9 PM	\$72.00
Studio Pottery	8/25-12/15	T	9 AM-4 PM	\$182.00
Beginner Handbuilding	8/25-12/15	T	6-9 PM	\$127.00
Beginner Wheel Throwing	11/9-12/14	M	6-9 PM	\$72.00

### Taxidermy

Taxidermy Bird Preparation 8/19-9/28	MTW	9:30 AM-5 PM	\$206.60
Taxidermy Bird Mounting 9/29-11/9	MTW	9:30 AM-5 PM	\$206.60
Taxidermy Bird Finishing 11/10-12/19	MTW	9:30 AM-5 PM	\$206.60

### Welding

Welding	8/19-12/16	MW	6-9:30 PM	\$201.80
Welding	8/19-12/16	TTH	6-9:30 PM	\$201.80
Welding	8/19-12/16	MTWTH	6-9:30 PM	\$201.80

For registration and scholarship information call 910-898-9672, or email ce-registration@montgomery.edu.

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